

43th Annual Conference of The
Association of Physicians of India – UP Chapter

UP APICON 2026

Theme: Precision, Prevention and Progress in Internal Medicine

26th & 27th September 2026

Venue: Hotel Lemon Tree & Gokul Dham Banquet Hall, Rohaniya, Varanasi

Organised by: Department of General Medicine, IMS BHU

*Announcement
Brochure*



Message

Dear Delegates,

We are pleased to invite you with us for the **UP APICON 2026**, scheduled to be held on **26–27 September 2026** at **Hotel Lemon Tree & Gokul Dham Banquet Hall, Rohaniya, Varanasi** in the timeless and spiritual city of **Varanasi**.

The conference is being **organised by the Department of General Medicine, Institute of Medical Sciences, Banaras Hindu University**. This prestigious annual gathering will bring together physicians, researchers, academicians, and healthcare professionals from across the region and beyond.

UP APICON – 2026 promises a rich and stimulating academic experience featuring state-of-the-art scientific sessions, focused workshops, panel discussions, and interactive case discussions led by eminent national and international faculty. The scientific program is carefully designed to address current challenges in internal medicine while exploring emerging trends and innovations in patient care.

The conference also provides an excellent platform for **pharmaceutical, healthcare, and medical technology organizations** to engage with a large and influential audience of practicing physicians. Through sponsorship and exhibition opportunities, partners will gain **strong brand visibility, meaningful interaction with healthcare professionals, and opportunities to showcase innovative products and services**.

Beyond academics, **Varanasi** offers an enriching cultural and spiritual experience. From the sacred ghats of the Ganges and historic temples to classical music, art, and authentic cuisine, the city provides a unique backdrop for professional interaction and networking.

We warmly invite you to partner with us in making **UP APICON – 2026** a remarkable success. Your valued support will contribute to advancing medical education, strengthening professional collaboration, and enhancing the future of internal medicine.

We look forward to welcoming you as a valued partner at **UP APICON – 2026 in Varanasi**.

Warm regards,
Organizing Committee
UP APICON – 2026
Varanasi – UP

OUR MENTORS & LEGACY FACULTY



Prof. K. K. Tripathi
(Padma Shri)



Prof. Shyam Sundar
(Padma Shri)



Prof. Madhukar Rai

ORGANISING COMMITTEE



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Organizing Chairman



Prof. (Dr.) Jaya Chakravarty
Organizing Chairman



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Scientific Committee



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Scientific Committee



Dr. Anju Bharti
Scientific Committee



Dr. Abhishek Pandey
Welcome & Inauguration
Committee



Dr. Santosh Kumar Singh
Registration &
Accommodation
Committee

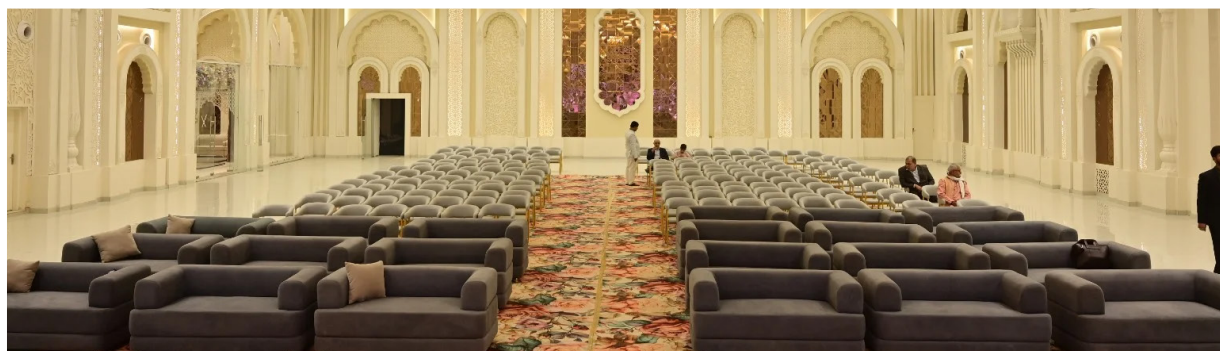
CONFERENCE VENUE



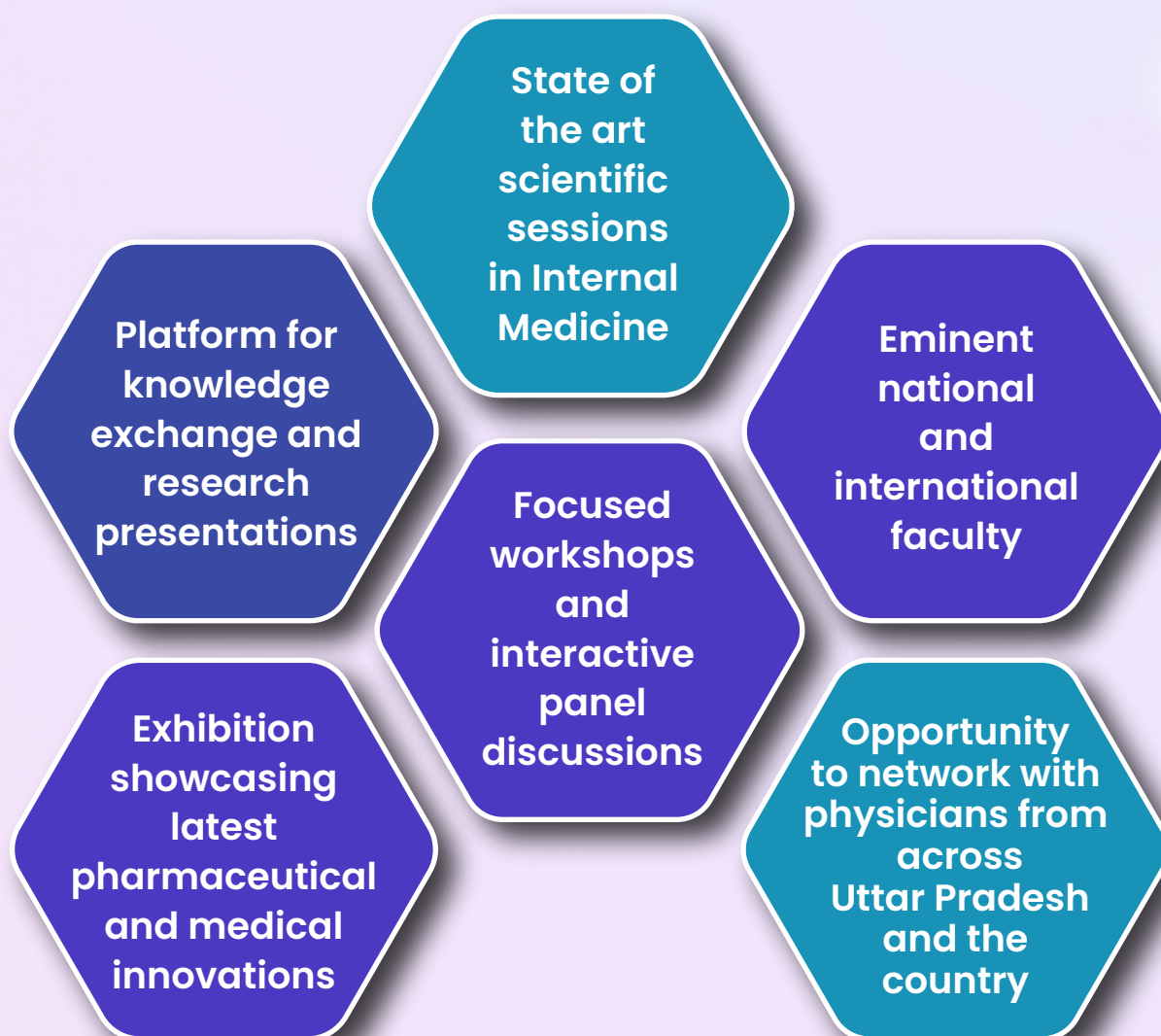
Hotel Lemon Tree & Gokul Dham Banquet Hall, Rohaniya, Varanasi



We are delighted to host UP APICON 2026 at our prestigious venue, offering an exceptional setting for one of the region's leading academic conferences. Designed to accommodate large-scale medical and scientific gatherings. With spacious conference halls, modern audiovisual technology, seamless event management, premium hospitality, and dedicated support services, we are committed to delivering a world-class experience for every delegate, faculty member, and guest. We look forward to welcoming you to an inspiring conference in an environment that fosters learning, collaboration, and excellence.



Conference Highlights



Registration Details

CATEGORY	REGULAR	Late	Onspot
	1st June - 30th June	1st July - 15th August	
DELEGATE API MEMBER	INR 5500	INR 6000	INR 6500
NON API MEMBER	INR 6500	INR 7000	INR 7500
POST GRADUATE	INR 2500	INR 2500	INR 2500
ACCOMPANYING PERSON	INR 5000	INR 5000	INR 5000



**SCAN HERE FOR
REGISTRATION**

Tentative Scientific Programme

1. DIABETES
Diabetes Management in Special Situations: Elderly and Frailty
Obesity Management in Type 2 Diabetes: Pharmacotherapy as per Guidelines
Insulin Therapy in Type 2 Diabetes: Simplifying Initiation and Intensification
Management of Diabetic Kidney Disease: Beyond ACE/ARB
ADA–EASD 2025 Treatment Algorithm for Type 2 Diabetes: Stepwise vs Early Combination
2. CARDIOLOGY/HTN
Difficult-to-Control Hypertension: Practical Approach for Physicians
Hypertension Management 2025: What Do Current Guidelines Really Say?
Heart Failure with Preserved EF: Current Evidence and Treatment Options
Antithrombotic Therapy in Cardiovascular Disease: Balancing Bleeding vs Ischemic Risk
Dyslipidemia Management: Beyond Statins
Cardiac Imaging in Clinical Decision Making: What Should a Physician Know?
3. RHEUMATOLOGY
Rheumatoid Arthritis: Treat-to-Target Strategy as per Latest ACR/EULAR Guidelines
Infection Risk and Vaccination in Patients on Immunosuppressive Therapy
Biologics and Targeted Synthetic DMARDs: Choosing the Right Agent
Systemic Lupus Erythematosus: Updated Treatment Algorithms
Steroid-Free Rheumatology: Is It Achievable in 2026?
Targeted Therapy in Rheumatoid Arthritis: Beyond TNF Inhibitors
4. HEMATOLOGY
Anticoagulation in Special Situations DOACs vs Conventional Therapy
Thalassemia: Changing Paradigm from Transfusion to Disease Modification
Management of Immune Thrombocytopenia (ITP): Updated Treatment Paradigm
Immune Thrombocytopenia (ITP) in Pregnancy
Perioperative Management in Hemophilia: Practical Protocols
Non-Factor Therapy in Hemophilia A: Transforming Care
5. GASTRO.....
Non-Alcoholic Fatty Liver Disease (MAFLD/MASLD): Updated Management Strategies
Approach to Abnormal Liver Function Tests (LFTs): A Practical Algorithm
Acute Pancreatitis: What’s New in Management?
H. pylori Eradication : Choosing the Right First-Line Regimen
Approach to Dyspepsia : Who to Investigate and Who to Treat?”
“Prebiotics vs Probiotics vs Synbiotics: What Should Physicians Prescribe?
6. NEURO
Acute Ischemic Stroke: Time-Sensitive Management Beyond Thrombolysis
Seizure vs Syncope: A Practical Approach for Physicians
When to Refer a Patient to Neurology: Red Flags Every Physician Must Know”
Neuropathic Pain Management
7. Infectious disease
Approach to Fever with No Focus: A Practical Algorithm for Physicians
Antimicrobial Stewardship in Clinical Practice: How to Prescribe Rationally
Scrub Typhus and Rickettsial Infections: Early Diagnosis Saves Lives
Management of Hospital-Acquired Infections: Practical Antibiotic Choices
Dengue Fever: Warning Signs and Evidence-Based Management
Common Mistakes in Managing Respiratory Infections
Real-World Clinical Cases in Infectious Diseases

Registration Guidelines

- Spot registration by cash only CHANGE IT TO – No Check will be accepted at the time of SPOT Registration.
- Registration is mandatory for delegates and students presenting paper / posters.
- Certificate from Hod is mandatory for student's registration.
- Registration cannot be transferred.
- Registration fees include admission to the scientific halls, trade exhibition, inaugural function, lunch/dinner and delegate kit.
- Spot registration by cash & UPI only.
- Provide us your updated email Id & mobile number. As it will be used for the registration receipt and other conference communication.
- Organizing committee shall not be liable in any form in case of change in date / venue due to unforeseen reasons.
- Conference organizers are not responsible for postal delay / failure of delivery by post or failure of electronic communication.
- It is mandatory for all delegates to carry their photo id (government approved) for smooth registration procedure.
- It is mandatory to submit HOD letter / PG certificate to avail the registration in PG category.

ABSTRACTS SUBMISSION GUIDELINE

The abstracts will be analyzed by the Scientific Committee of the Congress and the response regarding the acceptance or denial of the abstracts will be sent to the authors using the e-mail addresses included in the abstracts. The Scientific Committee's decision cannot be appealed.

The summary of the abstracts must follow the format:

1. Abstracts should be written in English.
2. The work can be submitted EITHER as a structured ABSTRACT of 300 words, OR as a BRIEF COMMUNICATION [including unstructured abstract] of 1000 words, written as per format of APICON.
3. Must include a title in capital letters, followed by the full name of the authors, address and e-mail of the presenter, whose name must be in bold. When pertinent, the name of the institution must be included in the footnotes.

Summary: must include a brief introduction, objectives, methods, results, discussion and conclusions. The case reports must include introduction, description of the case, discussion and conclusions. This subdivision must be emboldened within the text.

4. Do not include tables, graphs, figures or bibliographical references in Abstracts. However, the same must/may be included in Brief Communications Acknowledgements can be included above the footnotes.

5. All abstracts to be submitted online
6. The APICON 2026 website contains separate sections for Abstracts and Brief Communications for each subspecialty. Please submit under the appropriate type of manuscript.
7. Abstracts and brief communications may also be submitted through this site, as word documents.

Cancellation & Refund

- 50% refund for cancellation before 30 August, 2026. No refund after that is acceptable. All refund will be entertained after the conference.
- The refund process will begin only after 30 days of completion of the conference.
- Request for cancellation for refunds must be made in writing or through e-mail.
- Request must be sent to conference secretariat email: upapicon2026@gmail.com

Note:

- Conference Registration is Mandatory for all delegates including children above the age of 5 years
- Delegate kit would be handed over only to the registered delegate. Only in exceptional cases, the kit would be handed over to any representative authorized by the Registered Delegate with copy of signed Authorized Registration receipt
- Organizer will not be responsible for loss or theft of personal belongings

Abstract Categories

- | | |
|---|---------------------------------|
| • Cardiology | • Nephrology |
| • Clinical Pharmacology | • Neurology |
| • Critical Care Medicine | • Obesity & Metabolic Disorders |
| • Diabetology | • Poisoning & Toxicology |
| • Endocrinology | • Pulmonology |
| • Gastroenterology | • Rheumatology |
| • Geriatrics | • Miscellaneous |
| • Hepatology | |
| • Hematology | |
| • Hypertension | |
| • Infectious Diseases & Tropical Medicine | |
| • Medical Oncology | |



**SCAN QR
CODE FOR
ABSTRACT
SUBMISSION**



Welcome to **VARANASI**

Ganga Arti



Swarved Mandir



Assi Ghat



Ramnagar Fort



Sarnath



Kashi Vishwanath Temple



Lakhaniya Waterfall

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Professional Conference partner

Meetings and More

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