



National Conference

KREEDA-2026 (Knowledge, Recognition & Enhancement through Educational Design and Activity)

17th , 18th & 19th September 2026



Venue : Seminar Hall of Department of Physical Education

Organized by
Department of Physical Education
Faculty of Arts, BHU, Varanasi

In association with

Department of Applied
Arts, Faculty of Visual
Arts, BHU

Arogya Shiksha
Foundation, Varanasi,
U.P.

TAPESYA: The
Association of Physical
Education, Sports and
Yogic Awareness,
Varanasi, UP

Krida Bharti Varanasi, UP

Scan for Registration



About the University

Banaras Hindu University is an internationally reputed temple of learning, situated in the holy city of Varanasi. This creative and innovative university was founded by the great nationalist leader, Pandit Madan Mohan Malviya, in 1916 with cooperation of great personalities like Dr Annie Besant, who viewed it as the University of India. Banaras Hindu University was the under the Parliamentary legislation - B.H.U. Act 1915. It played a stellar role in the independence movement and has developed into the greatest center of learning in India. It has produced many great freedom fighters and builders of modern India and has immensely contributed to the progress of the nation through a large number of renowned scholars, artists, scientists and technologists who have graced its portals. The area of the main campus of this premiere Central University is 1300 acres, having well maintained roads, extensive greenery, a temple, an air strip and buildings which are an architectural delight. Another campus of the university at Barkachha, in Mirzapur district, covering an area of 2700 acres is coming up. The university comprises 6 Institutes, 14 Faculties 144 Departments, 4 Inter disciplinary Centers a constituent college for women's and 3 Constituents Schools, spanning a vast range of subjects pertaining to all branches of humanities, social science, technology, medicine, science, fine arts and performing arts. It has 6 centres of Advanced Studies, 10 Departments under Special Assistance Programme and a large number of specialized Research Centers. Four Degree Colleges of the city are affiliated to the University. Bharat Kala Bhavan, the reputed museum of the university, is a treasure trove of rare collections. The 927 bed hospital of the University is equipped with all the modern amenities. The university provides a wide range of facilities for sport and hobbies, has large playgrounds, a big auditorium, a flying club and many auxiliary services and units like Printing Press, Publication Cell, Fruit Preservation Center, Subsidized Canteens, Employment and Information Bureau, Security etc. The University family consists of about 15000 students belonging to all streams of life, castes and religions and races, about 1700 teachers, and nearly 8000 non-teaching staff.

About Department

The Department of Physical Education was established in the year 1965 with diploma course in Physical Education in the Faculty of Arts, BHU. Under the leadership of Prof. Karan Singh, (Dronacharya Awardee) the department grew to commendable height. At present the department is running professional courses BPED, MPED and regular Ph.D. courses.

About the Conference

Play is one of the most fundamental human activities and serves as an essential medium for physical growth, cognitive development, creativity, social interaction, emotional well-being, and lifelong learning. Toys and play materials used in games and sports are not merely recreational objects; they function as educational tools that influence movement behaviour, skill acquisition, innovation, health outcomes, and cultural transmission. Contemporarily, rapid advancement in technology, increasing screen exposure, urban lifestyles, and reduced opportunities for active play have transformed the nature of childhood engagement and physical activity. These changes

have created a growing need to re-examine the role of toys in promoting healthy lifestyles, motor competence, physical literacy, and meaningful social participation. India possesses a rich heritage of indigenous games, traditional toys, and culturally rooted play practices that have historically contributed to holistic development and community bonding. Simultaneously, emerging opportunities in sports sciences, toy innovation, educational design, entrepreneurship, and sustainable manufacturing are creating new possibilities for integrating traditional knowledge with modern approaches. Material remains from Harappan sites like Mohenjo-daro and Lothal reveal terracotta toy carts, whistles, rattles, and animal figurines dating to 2500 BCE. Similar evidence from Megalithic, Maurya, and Gupta periods demonstrates that toys were integral to childhood, motor skill development, and socialization. These artefacts provide concrete proof that play-based learning and physical activity through toys are deeply rooted in Indian civilization. Studying these remains helps reconstruct indigenous knowledge of movement culture, balance, coordination, and early sports training.

KREEDA–2026 is envisioned as a multidisciplinary national platform that brings together academicians, researchers, physical educators, sports professionals, designers, innovators, policymakers, entrepreneurs, and students to deliberate on the recognition and advancement of toys for games and sports. The conference seeks to explore how toys can contribute to educational transformation, promote physical literacy, encourage innovation in sports-related products, support indigenous knowledge systems, and strengthen sustainable play ecosystems. Through expert lectures, academic discussions, exhibitions, and collaborative dialogue, KREEDA–2026 aims to generate practical recommendations and future directions for creating a healthier, more active, and play-oriented society. The conference aligns with national priorities of experiential learning, child-centred education, innovation, and the vision of building a **Fit, Creative, and Sportive India**.

Goal of the Conference

To promote recognition of toys for games and sports through innovation, indigenous knowledge systems, physical literacy, and sustainable play ecosystems for building a Fit and Active India.

Call for Papers / Poster Presentation and Demonstration of Toys

The conference invites papers / posters presentation and demonstration of toys on the following themes:

Theme

Recognition of Toys for Games & Sports: Innovation, Indigenous Knowledge, Physical Literacy and Sustainable Play Ecosystems

Sub Theme

Track I: Toys, Physical Activity and Health

- Toys and movement development
- Physical literacy and childhood fitness
- Therapeutic and adaptive sports toys

Track II: Indigenous Knowledge Systems

- Traditional Indian toys and games
- Preservation of local play culture
- Sports heritage and community engagement
- Archaeological Evidence of Toys in Material Culture

Track III: Education and Child Development

- Play-based pedagogy

- Toys and experiential learning
- Learning outcomes and child development

Track IV: Innovation and Design

- Smart sports toys
- AI-enabled play systems
- Sustainable and eco-friendly toy design

Track V: Industry and Entrepreneurship

- Sports toy ecosystem
- Start-ups and incubation

Abstract and Research Paper Submission Guidelines

Authors are requested to prepare their abstract and paper submission and send a soft copy through email at indigenousgames2020@gmail.com The authors are requested to adhere to the following guidelines.

1. The Research paper should be in a MS Word format, Times Roman, 12 point font size with 1.5 line spacing, 1 inch margin and APA style of referencing.
2. The word limit for the Research paper is limited to 4500 words and must include the following: Title, Objective of the Study, Methodology, Findings, Conclusion / Implication/ Recommendations, Limitation (if any), Acknowledgements (if appropriate), references (APA style).
3. Abstracts should be limited to 350 words

Important Dates

Registration and Abstract Submission	8th – 25th July, 2026
Notification of Acceptance	5th August, 2026
Full Paper submission (with Abstract)	16th August 2026

Registration Details

Category	Participation only	Poster Presentation and Demonstration of toys	Oral Paper presentation	Poster Presentation and Demonstration of toys & Oral Paper presentation
Students (Under Graduate Students)	600	1200	-	
Students (Post Graduate Students)	600	1200	1500	1800
Research Scholars	750	1500	2000	2300
Faculty Members	1000	2000	2500	2800

- Registration fee includes conference kit, lunch, high tea and certificate (Accommodation excluded)
- Fee submission details will be send separately to only registered candidates.

- Accommodation charges will be informed after the confirmation of the registration.
- Registration link: <https://forms.gle/VwFdYqPhfFw6HG7MA>



Organizing Committee

Name	Designation
Prof. Ajit Kumar Chaturvedi, Honble Vice-Chancellor, BHU	Chief Patron
Prof. Sushma Ghildyal, Sr. Professor & Dean, Faculty of Arts	Patron
Prof. Vikram Singh, Head, Deptt of Physical Education	Co-Patron
Prof. Bhuwan Chandra Kapri, Sr. Professor, Deptt of Physical Education	Conference Chair
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Dr. Deepak Kumar Dogra, Assistant Professor, Deptt of Physical Education	Treasurer

Contact Us

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